



The John Roan School Sixth Form

The best in everyone™

Part of United Learning

Year 11 Bridging Work for Psychology (A Level)



Complete What is psychology?

Begin researching into the field of psychology. Consider the following key questions:

- What is psychology?
- What different types of psychologists are there?
- What is the difference between psychology, criminology and forensic psychology?

Time: 1 hour



Watch & Listen TED Talk

Watch Ruby Wax's TED Talk titled: What's so funny about mental illness?
Summarise some of the key points highlighted in this talk around mental health.

Link: [What's so funny about mental health?](#)
Time: 20 minutes



Complete Psychological Disorders

Research the clinical characteristic (diagnostic criteria) of at least three different psychological disorders including the following – Obsessive Compulsive Disorder (OCD), Depression and Phobias. Produce a poster or PowerPoint for each disorder to explain the symptoms/ characteristics under the following headings 1) Emotional, 2) Behavioural 3) Cognitive characteristics.

Time: 2 hours



Watch & Listen TED Talk

Watch Mikael Cho's TED Talk titled: The science of stage fright (and how to overcome it).
Summarise some of the key points highlighted in this talk around stress.

Link: [The Science of stage fright \(and how to overcome it\)](#)
Time: 20 minutes



Watch & Listen TED Talk

Watch Johann Hari's TED Talk titled: This could be why you're depressed or anxious.
Summarise some of the key points highlighted in this talk around depression and anxiety.

Link: [This could be why you're depressed or anxious](#)
Time: 20 minutes



Complete Mental Health Mind Map

Create a mind map to summarise possible cause for mental health. You should try to include some highlighted in the different TED talks and the research from the disorders.

Time: 30 minutes



Complete Memory Quiz & Mind Map

Complete this quiz to see how good your memory is. Can you remember all the finer details?
Once you have completed the quiz, create a quick mindmap showing what 'memory' means to you, what can affect memory and how you think memory can be improved.

Link: [Quiz – How good is your memory?](#)
Time: 30 minutes



Watch & Listen TED Talk

Watch Elizabeth Loftus's TED Talk titled: How reliable is your memory?
Summarise some of the key points highlighted in this talk around memory.

Link: [How reliable is your memory?](#)
Time: 20 minutes



Read Eyewitness Testimony

What is Eyewitness Testimony and what are the main factors that can affect it? You must pay particular attention to, and read the below research study by Loftus and Palmer – this is highlighted as a link within the text. Make your own notes on the content.

Link: [Eyewitness Testimony in Psychology](#)
Time: 45 minutes



Complete Eyewitness Testimony

Produce a handout or PowerPoint detailing what eyewitness testimony is, the factors that can affect the accuracy of it, and briefly outlining some of the key research.

Time: 1 hour



Watch 100Humans

If you have access to Netflix, watch '100 humans'. There are lots of episodes where 100 hardy souls from diverse backgrounds participate in playful experiments exploring age, sex, happiness and other aspects of being human.

Time: Each episode is around 40 minutes